

The Advantages of the Baby Brain Score (BBS) and Craniosacral Fascial Therapy (CFT) at Birth

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In 2006 after working with babies for 25 years, I came to the conclusion that virtually every newborn on the planet needed CFT at birth. So how does one person out of seven billion make that happen? No one on the planet knows what craniosacral fascial therapy is. No one knows what brain and sacral cycles are. No one knows how critical CFT is for newborn health. On top of all that, CFT for newborns/infants looks kind of weird to professionals and parents. How is all of that going to fly globally?

A patient gave me an article from THE NEW YORKER entitled, "The Score". You can Google it for free from their October 9, 2006 issue. It is an excellent read, especially if you are expecting a baby. Dr. Virginia Apgar brilliantly changed the baby world by creating her Apgar score. Following her clever lead, I would create a score all about the brain.

The Apgar Score is a great tool for getting a baby into the world alive, but does not address her/his neurological quality of life issues. To fill that void I created a specific score, the Baby Brain Score (BBS), for brain function. I set the bar so high with this score, that if a child did not pass it, CFT would become an absolute medical necessity. Parents would more easily accept CFT since their birth professionals would be on board creating optimum brain function for their newborn.

The BBS is a screening tool indicating to birth professionals in the first few minutes of life that the newborn's central nervous system is not working optimally. Understandably, newborns can be tight and strained from nine months of trauma, causing them to be unhappy with nursing issues, colic, reflux, and more. After I created the BBS on paper, some of my colleagues and I needed to field-test it. Thus, our six years of baby day research with 800 babies from Mexico, America, and Canada began.

We spent two years perfecting the BBS. Now newborns fall through the cracks of the medical system and can contract many conditions, described at gillespieapproach.com. We want the BBS to immediately identify newborns with impaired neurophysiology to prevent these diseases. Instead of a lifetime of needless suffering, CFT can begin in the first few minutes of life to mitigate the in utero, labor, and delivery traumas that cause these issues. If babies are tight, let's help loosen them so their relaxed bodies can work better. CFT can continue during the first few days of life as needed to clear the strain. The ultimate goal for a newborn is to be strain-free.

We spent 5 years researching CFT to arrive at our clinical treatment model. Our team in Pennsylvania, headed by Kristen and Michael Myers, made brilliant discoveries that still continue today with team NICU. We believe that the BBS/CFT will become the worldwide standard of care for every newborn. Our goal is to create a global generation of happy, healthy, smart, and strong babies.

The choice is very clear. You can do nothing at birth, wait and see what happens to your child during his/her development, and deal with the fallout issues later in childhood. Or you can identify potential neurological problems at birth with the BBS, begin to correct the root cause of the problem immediately with CFT, and prevent many conditions later in your child's life. We cast our vote for prevention. We hope you do too. ☺