



Mothers' Testimonials for Five Major Pediatric Diseases

Asthma

“When I brought my son to Dr. Gillespie, I really didn't know what to expect. My sisters had already taken several of their children to him for many different conditions. They had tried several times to convince me to take my son. I never thought that Brain Therapy would actually completely correct his asthma. He had it from infancy, and his doctors kept telling me that he would ‘outgrow’ it as he got older. The crazy part was that instead of ‘outgrowing’ his asthma at nine years of age, he was getting worse. I felt very frustrated and desperate.”

“Classically, he would start in the fall with croup, snowball into a bad cold, and end up as asthma, pneumonia, and a lot of medicine. This cycle would last until the spring. I would stay up all night with him initially to make sure he was breathing well, and he would then miss several days of school. Finally, I decided that I had enough of this loop and took my sisters' advice.”

“I often thank God for making that appointment. From the first visit of CFT until the present day almost three years later, my son has not taken any asthma medication. He has had several colds, but never the asthma that had always followed. His pediatrician even confirmed that it was gone after he completed CFT.”

“I can't begin to tell you how this approach has changed our lives. Today, he is an athletic 12-year-old boy. He plays soccer, baseball, basketball, and even made it to the regional finals for track. This would have never happened without CFT. Before the treatment he would have to come off the soccer field winded several times in a game. Today, he can run longer and faster than most of the players on his team. I was so taken with this work that I became trained and now successfully do CFT for other asthmatic children.”

Earache

“I am thrilled that his ear infections have been fully resolved. He has had several colds over the years without incidence with his ears. I am quite happy that I have not had to give him antibiotics and did not follow through with the ear surgery.”

Headache

“When you have a sick child, everything in your life and family revolves around that child. You cannot make plans to do anything for fear that she will come down with a headache or sinus infection. I became very frustrated with the medical community because they were not finding anything wrong with my daughter. She was still in pain and missing school. But on top of everything that I was feeling, she would keep asking me to make her feel better so she could have a normal life. That broke my heart. I couldn't find any help until we tried CFT.”

“Recently she graduated from high school at the top of her class and will be attending a very fine college in the fall. Since she plays soccer at school, she still goes every so often for a tune up. Without CFT, my daughter would not be the person she is today and would not be leading the life she has come to love.”

ADHD

“At the age of 12 months my happy, laid-back baby's personality change literally turned our lives upside down. He would shriek at such a high pitch over nothing that it physically hurt my ears. Some days he would just bang his head on the floor, or pick at the skin on his arms until it bled. The faintest of noises other than his own hurt his ears. Too disruptive for the other kids and teachers at daycare, he was uninvited from three different preschools in two years. I had to turn down a good job offer that our family desperately needed.”

“I could not take him anywhere in public, otherwise people would stare, whisper, or even make rude comments. I would only let certain family members watch him, and never for a long time. He really drained my energy physically and emotionally. I felt like an utter failure as a parent because I couldn't help him. The guilt of being frustrated about his situation started to take a toll on my own health, and crying became an almost daily occurrence. I had to do something because my family was pressuring me to take him to a major children's hospital for a battery of tests.”

“Once we started CFT, changes appeared almost instantly. It was like a tremendous weight had been taken off my family and me. People, who didn't even realize he was being treated, were commenting on the obvious change in his behavior. In just a couple of months, he stopped hurting himself and his older sister. I was actually able to go to the grocery store with him without any problem. We were able to eat supper together as a family without any shrieking or food throwing.”

“Finally, I was able to get him into a preschool program without getting called every other day to pick him up. Our financial situation improved because I was able to go back to work. I thank God CFT came into our lives!”

Learning disorders

The first child:

“My son had reading and learning difficulties that were very apparent by the second grade. We sent him to two reading specialists, one at his school and the other one privately. He always seemed to just get by in school, but I knew he had more potential ability. Then a few months after we started CFT in the third grade, he started to do much better, and his reading improved dramatically.”

“Before CFT I would spend hours with him going over his homework and helping him with his reading. Those days are over! It was like a light bulb went off in his brain! Today he is doing great in the sixth grade, and homework time is so much easier. Watching his confidence grow was the best reward. I am truly grateful that CFT has given him the opportunity to reach his full learning capabilities.”

The second child:

“I brought my child to see Dr. Gillespie on a recommendation from a friend who had experienced positive results for her son. My daughter, suffering from dyslexia and ADHD, lived in a general fog, void of engaging with family and friends. Wellbutrin and Strattera did not give her optimal results. Throughout the years, my husband and I tried many therapies for her, both from alternative and traditional medicine. Needless to say, we never saw any concrete results until now.”

“After the first visit, Dr. Gillespie followed up to see how she was doing. My only reply was that it was like someone turned on her lights for the first time. The only way to describe how profound her response was to say that she woke up from her deep, sleepy life. Although unaware of this ongoing therapy, our family and friends also noticed the tremendous changes in her.”

“As the sessions progressed, my husband and I decided to take her off the Wellbutrin to see if she could maintain her attachment to our family and continue to be more engaging. I am pleased to report that five months later, she is here to stay. She is happy, talkative, and more emotionally involved than ever before. Her headaches are gone, and her digestion is much improved.”

“Since she has become more mentally aware, she is doing better academically. Currently, we are working on completely eliminating all drug therapy. At this point, she has also stopped taking Strattera, and her 10 mg dose of Ritalin on a school day is now down to 2.5 mg. She is also receiving behavioral psychological training to overcome her distractions. To help achieve maximum health, our entire family’s diet is now dairy and gluten-free.”

“In summary, I believe that CFT was a critical piece of her wellness puzzle. Not only has this treatment tremendously helped her and our family, but it has given us hope to encourage her to reach her fullest potential.”