



The Gillespie Approach Newsletter

Fall 2012

BY DR. BARRY GILLESPIE

"CONTENT BABIES AND HAPPY FAMILIES CREATE A MORE PEACEFUL PLANET"

VIDEOS

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www.gillespieapproach.com

Please email me with any
questions about the
seminars or if you have
questions about integrating
The Gillespie Approach and
CFT into your practice at
drbarryrg@me.com

Here are some of the
Conversations happening on
Facebook:

[CFT at Birth - Delaware](#)

[Mild Cerebral Palsy](#)

What's Happening In CFT

The Craniosacral Fascial System

"Never underestimate the power of a few committed people to change the world. Indeed, it is the only thing that ever has."

Margaret Mead

These questions often arise, "How can you be so successful with so many (at least 20) diverse medical conditions? How can you correct diseases that baffle even the best in the medical profession? What does asthma have to do with colic, clubfoot, and autism?" The answers are very simple: We evaluate and treat the patient's craniosacral fascial system, which connects every structural cell of the body. I became aware of it years ago, and was amazed at how many diseases were based in it. Over the last 35 years, there have been no serious takers in the medical profession. But in time they will all come to embrace it.

With my association with The Family Hope Center, I have discovered that CFT really turns the brain on. Cognitive function is strongly dependent on excellent brain motion and minimal fascial strain in the body. With our newborn research we have found that the seeds of many diseases and poor neurological function can be sown at birth. In utero, labor, and delivery traumas to the newborn's craniosacral fascial system are the cause. Even with planned c-sections, we were surprised to find severe strain in the infants. How great it is to free the system at birth with the Baby Brain Score (BBS) and Craniosacral Fascial Therapy (CFT) to prevent a lifetime of suffering. What a great gift for any human being. I wish I had had it in 1947.

My lifetime goal is to teach the world's birth professionals how

[Structural Immunity](#)

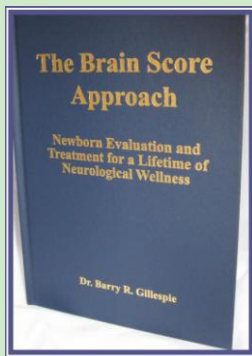
[CFT at Birth - Montana](#)

[Bed Wetting](#)

[Broken Leg](#)

[Narrow Palate](#)

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The Brain Score Approach

Newborn Evaluation and Treatment for a Lifetime of Neurological Wellness

Based on Dr. Gillespie's professional clinical experience since 1977, ***The Brain Score Approach*** explains how to optimize brain function at birth as part of a healthy lifestyle.

Cost:

1-4 books = \$25/book
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5 + books = \$19/book
shipped in the United States

to do the work. It is not really that difficult to perform; it is like riding a bike. As a classic example, one of my students from a few years ago called me last winter and said how she loved how the work has helped so many of her adult clients. She confessed that she taught her husband, and sometimes they work together. She was very proud that they found that their five-year-old grandson was pretty good at CFT too. I chuckled to myself, and thought, of course, he has no ego and is totally connected to God. I really got a kick out of her closing her story with, "And now he is 7, and he is really good!" Can we all breathe, ground, and connect to be like that child?


In 1978, I redirected my periodontal career because of my own experience with this work. In 1980, I saw how it had the possibility of changing the pediatric profession with my asthma, earache, and other childhood disease research. Now, my vision is that every baby on the planet has this corrective work done at birth to prevent a lifetime of suffering. In the civilized world I see it as a standard procedure at every birth. In the third world the village "healer" or birthing person can do it. This will lead to a happier and more peaceful planet.

This Fall edition has two excellent articles. When Lonna gave an emotional speech that left us teary-eyed at the Cortiva seminar, I asked her to write a paper. I still cried editing it a few days ago. Christine wrote a great paper about tongue-tied babies. She points out that snipping the frenulum may not be the whole story. I believe that she has the best perspective on the planet for this disease. We welcome readers contributing articles with their discoveries using CFT. You can be Sacagawea, and I will edit and publish your work.

Newborn Research

As we finish our medical study this Fall in Lancaster County, we are eternally grateful for the support of the Amish and Mennonite communities. In 2006 no one there had ever heard of CFT, and no one ever thought newborns that could be helped with fussiness issues. As the parents saw that CFT really worked, the momentum started to build in the communities. Now, it is just a part of what everyone does for a newborn. I believe that this phenomenon is a microcosm of what will happen for the planet.

I am very grateful to Krissy and Michael Myers for all of their volunteer work. They did it for the collective consciousness because they realized that it would change the world. Someday it will be done for every human coming onto the planet. They are continuing the newborn/infant work weekly at a nominal fee at Miller's Natural Food Store in Bird-in-Hand, Pa. They also see toddlers and children. If you know of an infant who needs evaluation and treatment, please call Mike at 484-336-3243. If you just born, it is THE place to be.



"In this world babies reach their optimal cognitive potential to think, reason, learn, focus, and concentrate at birth. "

Facebook

True story: Kim Sherlock told me one year ago that CFT needed a Facebook page. I said, "What is Facebook?" Now, I am all over the CFT/FB page. We are excited that students from the recent classes in Missoula, Montana and King of Prussia, Pennsylvania are posting their stories. We honestly tell the students how good they are at the end of the class, and we are seeing the results in the FB posts.

For the past year, I have been posting the newborn discoveries quite literally the day they happened. They are all being saved on the website for the benefit of future birth professionals. We would love to have you on Facebook with us. We do not care if you are dating Tom Cruise; we just want you to be a part of the collective consciousness and share your CFT stories. Thank you Facebook in helping us change the world. We are very grateful.

A 21ST CENTURY EXPERIENCE BY LONNA ELLIS

Every year I am the extra student/teacher at the King of Prussia CFT seminar. As part of this 2012 seminar, Lillianna was one of the Saturday afternoon 'demo babies'. She was a 6 1/2 month-old baby, who had the BBS/CFT at birth. At the seminar this little girl had a very notable presence in being bright-eyed, alert, engaging, and very aware of her surroundings.

Later that evening, I went to the supermarket to get some groceries. While I was shopping, I noticed Lillianna and her father in the store. She was so easy to remember since she had that same presence: wide-eyed, enchanting, and taking in everything. I just couldn't keep from interacting with her! During the ensuing conversation with her father, he told me, "Everywhere we go, she brings joy! It doesn't matter where we take her, people seem to get joy from her." My heart smiled. I said, "Thank you again for bringing her to the seminar. She is such a precious little one."

As I headed for the checkout line, my heart and mind became so heavy. I was fighting back tears. Upon reaching my car, my emotions could no longer be contained, and I began to weep...

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A CFT DISCUSSION ON TONGUE TIE BY CHRISTINE HOLEFELDER

In searching the Internet for information about tongue tie, I found little mention of the cause, other than a suspected genetic link in some cases. Unsatisfied with this, I spent some

hours studying up a bit with "Dr. Google" on fetal development of the tongue. How relieved I was to discover that the CFT paradigm provides a simple hypothesis for the "why" of this structural dysfunction.

A CFT practitioner views the body as one continuous craniosacral fascial web. Restriction anywhere can and does cause symptoms, often several body segments away from the location of the original trauma. In the specific case of birth trauma, questions arise like what developmental process was in place at the time of the trauma and how will the resulting restriction limit development? We will not know the answer to these questions unless we can document every moment inside the womb. While it would not surprise me if a medical technology surfaces that accomplishes that very thing, for the moment we must rely on our sense of feel and our ability to support the client into her/his healing.

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FACEBOOK

www.gillespieapproach.com

Like us on Facebook 

For the latest discoveries in the newborn field, please join our group on Facebook. If you missed the early posts, they are saved on the website under the Baby Brain Score section filed chronologically with topic titles. We are still discovering new applications because the craniosacral fascial system is connected to everything in the body. In today's medical thinking, who recognizes that the right kidney is connected to the upper left second premolar? It is all one. Let us make something happen together; after all it IS the 21st century.

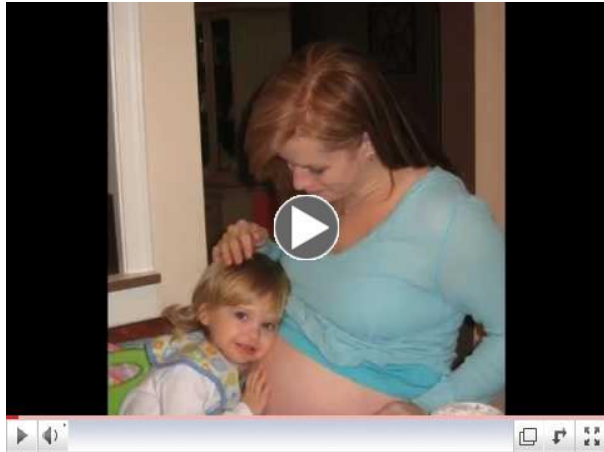
VIDEO CHANNEL



CFTherapy - The Gillespie Approach

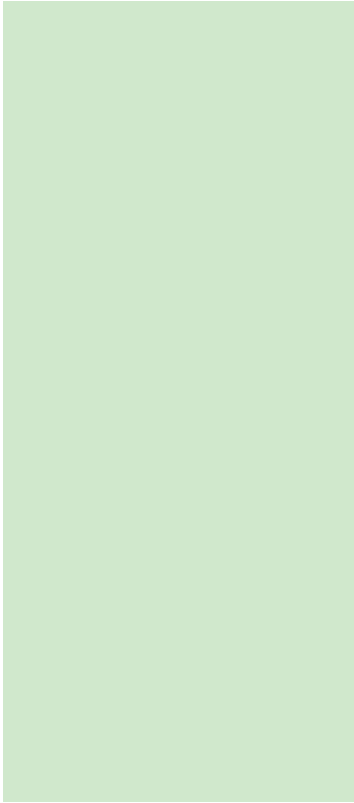


CFT on a 21 Month Old Baby



Jana's Journey from Birth to Recovery - Pending Copyright

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To learn more about The Gillespie Approach
for babies, children and adults,
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