



# The Gillespie Approach Newsletter

## Fall 2011

BY DR. BARRY GILLESPIE

*"CONTENT BABIES AND HAPPY FAMILIES CREATE A MORE PEACEFUL PLANET"*

### IMPORTANT INFORMATION

#### UPCOMING SEMINARS

##### [The Gillespie Approach CFT GENERAL TECHNIQUES](#)

Tillsonburg, Ontario  
May 16-18, 2012  
(full day course)

##### [Added Infant Segment - BABY BRAIN SCORE](#)

Tillsonburg, Ontario  
May 19, 2012  
(8:30 - 2:30 )

##### [Complete Information and Registration for the Ontario Seminar](#)

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##### [THE POWER OF PRESENCE Coming Spring 2012](#)

##### [Seminar Information](#)

### LEARN MORE

Please visit my website for more

### What's Happening In CFT

#### A Research Breakthrough

A big thank you goes to Krissy Myers with her husband Mike at their Bird-in-Hand practice. This summer she discovered the shoulder girdle technique, which corrects almost all of the throat, neck, jaw, face, and cranial strains in the newborns/infants. This is a monumental advancement in the field with far-ranging neurological implications. It is probably the biggest discovery thus far in our research. In starting this work in 2006, we have come from the Stone Age to the 21<sup>st</sup> Century in just five years. What will the future bring?

For more than 2 years the average number of therapy visits for an infant at baby day was 5-7, including extensive oral work. Some went 12 visits. Since we adopted Krissy's new baby technique of working the pelvic girdle/shoulder girdle/and mom holds the head steady, the average number of visits has dropped to 3-4. The oral work is now very minimal or most often not even needed. Research and development are the keys for us moving the work forward.

I have taken this discovery to my children/adult practice. I am heavy into the shoulders and pelvis for every visit for everyone. It gets you back faster to the original fetal and birth trauma strains deep in the onion. Check it out. Again, that is the big positive for R and D.

The baby day work is breathtaking. We now treat 250 babies per year in just 3.5 hours per week. We have yet to find one who did not respond. We have found the same thing in Mexico, Canada, and Wisconsin. Newborn problems are universal, and we expect that it will go global in time. There really is no other choice because nothing else comes close to this work. Besides much of the world cannot afford medical care.

We have seen about 30 babies on 1-year checkup. All were healthy. Amazingly, they all had triple digit cycles that were **perfectly in sync even with extensive trauma**. When they were originally

information.

(NEW website  
coming soon)

[www.brain-therapy.com](http://www.brain-therapy.com)

Please email me with any questions about the seminars or if you have questions about integrating The Gillespie Approach and CFT into your practice at [drbarryrg@me.com](mailto:drbarryrg@me.com)

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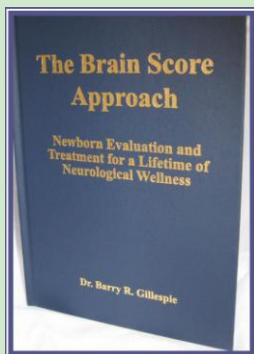
*"CFT Therapy makes up 40% of my practice. Also, it will lengthen my career, as it is physically easier to do.*

*The children are responding to CFT Therapy so well that their parents are amazed. The fact that there is an end to treatment has parents very willing to try therapy."*

Daniel G. Jobson, P.D.M.T.,  
Perkiomenville, PA

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finished, we did not put them in sync. Over the course of time the body corrected itself. Fixing versus healing.

Recently someone told me that we are not doing research, but are really doing search. Research is revisiting what other people have done; search is discovering something for the first time. I agree. In the 1970s Scott Peck wrote a best seller, *The Road Less Traveled*. At the time I knew that I was creating my own road with the children's work, and it has been a blast ever since then. Glad to have you on board.

Barry

Read More Stories from Happy Moms:

[Lauren's Story](#) - Breast feeding difficulties

[Tommy's Story](#) - Colic

More by Barry:

[Asthma & Childhood Diseases](#)

[Interesting Baby Case - Delayed Crawling](#)

[Continuing Education Never Ends](#)

## A NEW SEMINAR FOR 2012 THE POWER OF PRESENCE

We are excited that Rebecca Debus, a student in the April 2004 seminar, will be introducing a new and *much-needed* seminar, entitled **The Power of Presence**, next Spring. An excellent article appears about it in this newsletter, and you can check her out at: [alifehealing.com](http://alifehealing.com). Remember all of the emotional stuff that came up at the seminar with the web? She will teach you how to handle it.

**New Seminar: The Power of Presence**

## PROJECT LATCH

Christine Holefelder has started this project as an entryway to introduce the baby work to lactation professionals in the Philly area. After difficulty in breathing at birth, the next problem we see is the inability or difficulty to nurse immediately. The work is very effective in that correction. The doctors we taught in Mexico in 2010 were totally sold when one afternoon we went into a maternity ward and treated two babies who could not nurse in their first 24 hours. Immediately they both took to the breast. Ole.

We feel that once lactation professionals see the feeding benefits, they will buy into the total package - colic, reflux, and other conditions. It is a no-brainer. If you are interested in more details, please contact Christine at [cholefelder2@gmail.com](mailto:cholefelder2@gmail.com). Christine is now the cutting edge, and she will be responsible for every newborn in the Delaware Valley having the BBS and CFT. If that is your passion, she would love to hear from you.

## The Brain Score Approach

### Newborn Evaluation and Treatment for a Lifetime of Neurological Wellness

Based on Dr. Gillespie's professional clinical experience since 1977, *The Brain Score Approach* explains how to optimize brain function at birth as part of a healthy lifestyle.

#### Cost:

1-4 books = \$25/book  
shipped in the United States

5 + books = \$19/book  
shipped in the United States

*"In this world babies reach their optimal cognitive potential to think, reason, learn, focus, and concentrate at birth. "*

Last month remember Christine's story about Baby M? If you missed it here are both installments.

[Baby M - Part 1](#)

[Baby M - Part 2](#)

[Fascia and the Gene Code? - Read this intriguing article by Christine](#)

## NEW LOGOS & SOCIAL MEDIA



You will be seeing new logos in our media - one for the Baby Brain Score and another for CFT. We added Baby to the Brain Score to take the harshness out of it for parents. I like the drawing of the baby. In the CFT logo we had the hands holding the planet for the global concept. One midwife thought it was hands delivering a baby. Cool - double meaning - that is great too.

I must thank my daughter and son-in-law for formulating them in the Middle East. Thank God for email. Kristen had a way of telling me that this is what you need and are going to do dad. Thank you very much for months of work; I hope you agree that they both look great.

#### FACEBOOK

We are now on Facebook. Everyone dragged me in, and guess what, I like it. Please join our group to see what is happening. The group discussion is totally about sharing the work. We do not care about personal stuff, even if you are dating Brad Pitt.

[Like us on Facebook](#) 

## CONGRATULATIONS SEMINAR GRADUATES

Best wishes to all of the seminar graduates of 2011. A special thank you goes to Lori Beth and her great crew for sponsoring the first baby certification seminar with 14 students in Viroqua, Wisconsin. We plan to return next year. If babies are a substantial part of your practice, this is an excellent seminar to sharpen your skills and become certified.



## CONTACT US AND REGISTER FOR SEMINARS



To learn more about The Gillespie Approach for babies, children and adults, contact Dr. Gillespie's office:

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