



A Story Of Healing

We know firsthand the value of Dr. Barry Gillespie's life's work, the quality of the training he offers, and the results we continue to obtain.

Taking CFT to Mexico

Many healthcare professionals either donate their time or work for a small fee inside Mexico. Massage therapists, Reiki practitioners, physical therapists, body workers, physicians, nurses, dentists, ophthalmologists, and other secular organizations have offered their time and talents for decades.

When we got back home here in New Mexico after training with Dr. Gillespie in Pennsylvania, we were introduced to a woman, (Dr. San Juana Mendoza-Bruce, a well-trained and experienced medical doctor) seeking help, donations, etc. for several of her clinics in Juarez and Anapra, Mexico. These people are the poorest of the poor along the border. Many live without shelter, no running water, little food, money, or hope. Before we went there, we were already incorporating Dr. Gillespie's techniques into our work with homeless and abused women, children, and families here in New Mexico.

Word of the Healing Power of Natural Care Spreads

The word was spreading in Mexico that many were being helped with our work by using natural care approaches alone. The list is far too long to document here. I will sum it up by saying we got to work with physical, intellectual, emotional, and social disorders/problems in hundreds of infants, children, and adults while there. The work was challenging and rewarding because:

1. It was performed at an award-winning publicly funded social services organization.
2. Traditionally trained professionals in medicine, dentistry, nursing, and early childhood development critically reviewed CFT.

Breaking Through the Language Barrier with Treatment

On our first visit to Dr. San Juana's clinic, we saw common musculoskeletal problems. At the end of the day, Dr. San Juana said to us in English, "How nice. How marvelous. Everyone you saw said they were treated with kindness and dignity. Everyone said your work was gentle, and you found and relieved many of their pains.

Treating Children with Difficult Cases

We parted knowing we would see some difficult children's cases at our next visit. What we saw were birth related traumas, developmental conditions and delays, craniosynostosis conditions, and a variety of difficult muscle and fascial problems.

The Bottom Line

We are thankful to Barry for his wonderful training, support, and friendship. His work is now being done in Mexico and is spreading as visiting physicians learn more.

Teaching the Therapies

We have now been asked to teach the women in the colonias how to touch the children and massage them and also to lecture to traditional and non-traditional practitioners about the benefits, safety, and use of natural care methods. They even gave us two translators! They have never seen anything like this work, its gentleness, safety and effectiveness. Having a powerful tool to help that requires no drugs/surgery seems miraculous to them.

Discovering the Power of Touch and the Science Behind the Work

There is sound science behind it that they can understand. When we discussed the cranial bones/sutures (an introduction to craniosacral fascial therapy), we were all speaking the same language! I am glad we were awake for that part of the CFT workshop. Dr. Gillespie is making a beautiful and healing contribution to this world by sharing his knowledge. You know it works when there is no communication other than touch. The continued results speak for themselves.

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